

Self-managed treatment in the privacy and comfort of home

For women after pelvic radiotherapy



 **Amielle**[®]
Care

 **Amielle**[®]
Comfort



Following radiotherapy, women may develop scar tissue:

Following radiotherapy to the vagina, cervix or pelvis, a woman may experience some internal scarring (adhesions) to the surrounding areas, which can make the vagina narrower and drier. This narrowing of the vagina can contribute to discomfort or pain at both follow up examinations and when the woman has sexual intercourse.



Vaginal dilators help keep the vagina supple and minimise discomfort:

Minimising scar tissue formation following post pelvic radiotherapy is important and this can be helped with the use of vaginal dilators¹. Amielle® provides an aid to recovery in the privacy and comfort of the woman's home.



Therapy takes as little as 10 mins a week:

Used for 1-3 minutes, 2-3 times a week¹, the treatment is simple. Amielle® Care has been developed in conjunction with the UK National Forum of Gynaecological Oncology Nurses to help women build their confidence with vaginal penetration following pelvic radiotherapy, while Amielle® Comfort provides additional sizing options for women who require a smaller starting cone and curved tip profile.

“Dilators play an important role in helping women in their recovery following radiotherapy.”

Lynn Buckley – Clinical Nurse Specialist / Advanced Nurse Practitioner Gynae-Oncology and Psycho-Sexual Therapist.

Amielle® Care size guide

- Size 1: 9 x 2cm (3½ x ¾")
- Size 2: 11 x 2.5cm (4¼ x 1")
- Size 3: 12.5 x 2.8cm (5 x 1¼")
- Size 4: 14 x 3cm (5½ x 1½")



Amielle® Comfort size guide

- Size 0: 7 x 1.5cm (2¾ x ¾")
- Size 1: 9 x 2cm (3½ x ¾")
- Size 2: 11 x 2.5cm (4¼ x 1")
- Size 3: 14 x 3cm (5½ x 1½")
- Size 4: 16 x 3.5cm (6¼ x 1½")

Specifically designed for women following pelvic radiotherapy

Avoid pain or discomfort:

The incremental size ranges of Amielle® allow the woman to start small and slowly move up the gradual size increases at a pace which is comfortable for her, to avoid any pain or discomfort following pelvic radiotherapy.

Created with Gynaecological Oncology Nurses:

Amielle® Care was created with the UK National Forum of Gynaecological Oncology Nurses, and has a flat tipped profile specifically designed for preventing post pelvic radiotherapy adhesions. Women can also choose Amielle® Comfort if preferred, which offers a curved tip profile and a smaller starting cone. The smooth surface of Amielle® is designed to facilitate comfortable insertion, plus is easy to clean after use with soapy water.



Easy to use Twist & Lock handle:

Amielle®'s specially designed twist lock handle is compatible with all dilator sizes to assist with handling and controlled safe insertion and removal.

Clear instructions:

The Amielle® kit comes with clear instructions for use along with a DVD video guide to reassure women on how to use their new set of dilators properly. Instructional tutorials are also available online.



Minimising vaginal scarring and adhesions after pelvic radiotherapy with Amielle® Care and Comfort

- Developed in conjunction with the UK National Forum Gynaecological Oncology Nurses.
- Treatment at home from just 10 minutes per week¹.
- Minimising scarring helps avoid pain and discomfort at follow up examinations or during sexual intercourse after radiotherapy.

Amielle®

For more information please visit us at owenmumford.com

Our accreditations include:

- ISO13485 Certification
- Medical Device Directive 93/42/EEC
- CMDCAS 13485 (Canadian Health Authority)
- Environmental Management Systems ISO14001



¹. Bakker RM, ter Kuile MM, Vermeer WM, et al. Sexual rehabilitation after pelvic radiotherapy and vaginal dilator use: consensus using the Delphi method. Int J Gynecol Cancer. 2014;24(8):1499–1506.